



SHENG HONG STUDENT CARE CENTRE

E - NEWS

JULY - DECEMBER 2017

WHAT'S COMING!

**Parents' Workshop: How To Hug a Porcupine:
Negotiating the Prickly Points of Growing Years.**

Date: 2nd March 2018 (Friday)

Time: 6.15pm (please be seated by 6.05pm)

Venue: Hougang Sheng Hong Student Care Centre



OUR MISSION

Our mission is to develop a quality and affordable support service for parents - especially working parents so that their school-going children can be supervised, guided, and developed adequately during out-of-school hours.

OUR CORE VALUES

With effect from this year, the centre will be following a value each term and emphasizing them to the students at the start of every term.

Term 1: Caring

Term 2: Adaptability

Term 3: Respect

Term 4: Mindset of Excellence

Welcome our new students!



Study Time~

Announcements

Please kindly note that our centre will be closed on these dates due to the following events.

- Chinese New Year's Eve 15 February 2018
(Centre will be closed at 2pm)
- Chinese New Year: 16 - 17 February 2018
- Staff Training: 23 March 2018
- Good Friday: 30 March 2018
- Labour Day: 1 May 2018
- Staff Retreat: 3-4 May 2018
- Vesak Day: 29 May 2018
- Hari Raya Puasa: 15 June 2018
- Staff Training: 20 July 2018

S.E.A. Aquarium

by DBS Bank
7th July 2017



When I went to the S.E.A Aquarium in Sentosa,, I got to see some cute, colourful sea creatures. At the entrance, I saw sharks! Then, I continued walking in and inside was filled with cute fishes such as clownfish and dancing fish. Later, there was a gigantic tank filled with rays and tiny fishes.I saw some stalls with a dispenser that allows us to feed the fishes but I had no money. I really wanted to feed the fishes. I hope I can go there again. It was such a memorable day!

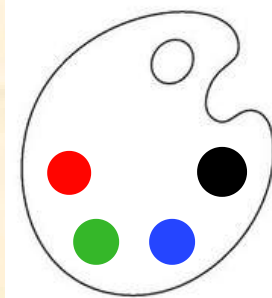
- Wong Xiao Qian



Art Masterclass

by UOB Bank
21st July 2017

You can't use up creativity.
The more you use, the
more you have.
-Maya Angelou



The student care centre had the honour of having award winning artist, Mr Carey Ngai, to conduct an Art Masterclass for the students. This event is sponsored by UOB Bank. The students had a great time exploring their creativity!



National Heritage Board

3rd August 2017

We went to the philatic museum. There, a guy called Mr. Alan was waiting for us. He told us that he was from New Zealand. After that, he told us the story of Jack and the Beanstalk.. He acted it out to make us feel like the character and was doing the same actions like him. After the story, we played a game related to the giant. After the story, Mr Alan got us to make our own letters and posted them to our parents.

- Lee Jing Xuan



"Fee - Fi - Fo- Fum!"
Children dramatizing the story of Jack and the Beanstalk.



Students got to write their own letters, seal them in the envelopes and post it out to their friends and families!

Time to play a game!



SRT Theatre Performances

"Red Riding Hood" and "Upstairs in the Sky"

5th August 2017 and 18th November 2017



Students were invited to KC Arts Centre on two separate occasions. They got the opportunity to watch two theatrical plays put up by (SRT) Singapore Repertory Theatre.

Upstairs in the Sky is a story performed with open ended play materials - boxes, cloths, tubes and household objects. When children play with things that have no prescribed play value they stretch their imaginations.



The families went on an adventure with Little Red (main character) into the woods. This show was packed with humour and original music. In a live performance, it's a collaboration with the audience, children get to ride the ebb and flow of the crowd's energy. Field trips to live theatre will enhance literacy, knowledge, tolerance and empathy among students.

Early Language and Literacy

We will look at Early Language and Literacy especially for the primary one and two children. One of the most important things you can do to prepare your child for school success is to help him/her develop early literacy skills. These skills are the 'tools' your child needs to learn to read and write, therefore the more early literacy skills your child has now, the better prepared he/she will be for school.

The four critical early literacy skills your child needs to learn are:

Print Knowledge

There are many things that your child must learn before she/he can read and write on her own.

He/She will need to know that print represents spoken language and that the print is read in specific direction (depending on the language).

Tip: Point out the print for your child

- Point out the words
- Talk about the some of the print patterns

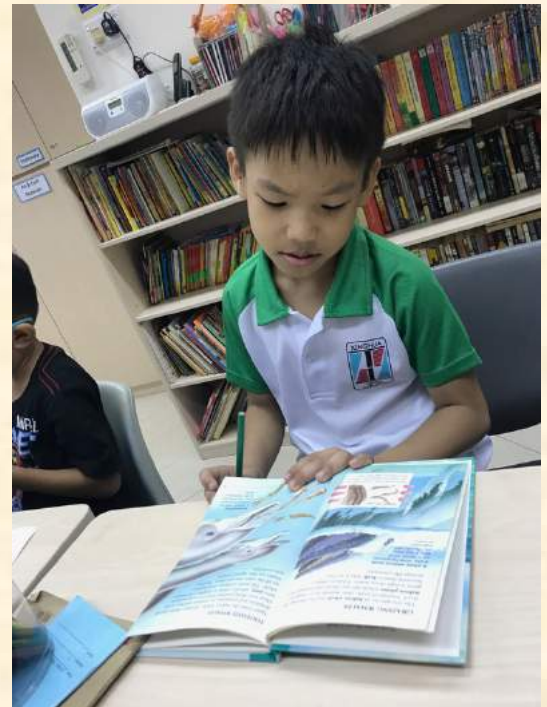
Sound Awareness

Children must be aware that words can be broken down into smaller sounds. They need to know that letters correspond to certain sounds and then words.

Tip: Talk about the sounds that letters make

- Point out two words that start with the same sound
- Ask your child to think of another word that starts with that sound

Remember to talk about the sound that the letter makes rather than the name of the letter



Oral Language

Tip: Ask questions about the things that interest your child

- Pause during reading
- Talk about what interests your child
- Provide opportunities to think and talk about the story

Remember to be enthusiastic and wait expectantly for your child to respond.

Vocabulary

Tip: Introduce a new word by relating it to your child's experience

- Build vocabulary by stressing new words
- Talk about what the word means
- Relate the word to your child's experience

The more words children understand, the better their reading comprehension will be later on.

Why is Physical Development an important aspect in Primary School Children?

Physical experiences are vital for a child's development and to lay the foundation for a healthy and active lifestyle. It is ideal to foster the development of good physical habits and to encourage families to engage in regular physical activities early in life. Physical activities in children can be made up of both intentional and spontaneous experiences. In addition, as active role models, educators can encourage children to participate in physical experiences in daily activities.

Let's talk about the importance of Physical Development.



Development of Muscles Strength and Fitness

Physical experiences develop the children's motor skills and hand-eye coordination. It also develops the upper body muscles through activities like push up, sit ups with a ball or with a friend. They develop lower body muscles through stationary jumping jacks, three minutes running and jumping exercises.



Helps build Self-Esteem.

Children who are active in physical activities like ball games, obstacle courses and running just to name a few are more confident with themselves according to most social school studies. It's probably because of the self-discipline and dedication to excel in these activities that bring out the best in children.



Help to promote Academic Learning.

Physical health allows children to function better in classrooms. Gross motor experiences promote excellent blood and oxygen circulation. This means more nutrients circulate throughout the body especially the brain. This circulation produces longer attention span during classroom experiences allowing longer concentration.

Craft and Games

by Hwa Chong Institution

November - December 2017



This volunteer is so helpful!



During the December school holidays, a group of boys from Hwa Chong Institution came over to the centre to conduct science tutoring classes for our P3 to P6 students.



My fish is so colourful!!



Other than tutoring, the group also had craft sessions where the students got to create different crafts such as Santa and a Japanese Koi.



Water games!!!

They also carried out games, team-bonding activities with the students and the students' favourite, WET GAMES!! Students were required to strategise and plan how they clear the game with the least water spilled.

Mandarin Orchard Hotel

24th November 2017

This house actually had real gingerbread men cookies hung on



Ms Brenda and Ms Eve brought a few of us to Mandarin Orchard Hotel to have high tea. When we arrived, we were brought to the restaurant where there was a magic show.

- Chan Unice

We ate a lot of delicious food there. We had pasta and cupcakes and also got to put tattoo on our hands after eating! After that, Santa came and gave us a present each. We also got to put a gingerbread man onto the gingerbread house.

- Kristine Ng

There are many activities such as a magic show and face painting. I painted two butterflies and some flowers on my arm. I felt happy and I wish to go again!

- Belinda Leong

Beary Christmas Party

by Civil Service Club
10th December 2017

We went to the Civil Service Club to have a party. There were candy floss, candy bars, a photo booth and more- like a carnival! Chloe, Jia Ying and I took photos together. We also had bento lunch and I got a tattoo on my hand. It was as enjoyable day!

- Lim En Tong



Welcome to my bear town!



We went to the Civil Service Club . We went to their ballroom. I ate candy floss and candy bars and saw a magic show. It was fun!

- Lim Shu Phing

At the Beary X'mas Party, I went to the bouncy castle and played. We also had a magician to show us magic tricks. At the end of the party, we had a lucky draw!

- Wu Jia Ying

Movie and Carnival Rides

by BreadTalk

24th November 2017

We watched the movie "Coco". It was a really touching movie. It touched my heart especially the last part when the whole family was together.
- Lee Le Pin



Mdm Cynthia and Ms Joey brought us to the cinema. We watched a short movie "Coco". We were given a box of popcorn and bottle of water. I cried at the last part of the movie because there was a very sad part.

- Jia Ying



After the movie, we walked to Ngee Ann City where we rode a carousel. There were three different rides. Some of my friends went on the train ride. I went on the ocean carousel where we sat on fishes that bobbed up and down. The last ride was the teacup where there were tea cups that can spin around. Unfortunately, it was going to rain so we could not complete all three rides. Though I was tired, I still has a wonderful day!

- Lee Le Pin

Annual Year End Party

15th December 2017



Children experience the benefits of working well with others. Through dramatisation and role-playing, they can take on the perspectives of different characters and engage in dialogue with peers.



On 15 December, we had a Year End Party. The decorations were very nice. I wonder how Mr. Aloysius hung the cloth? The performance by "Cute Kittens" was well done and I loved it. I performed as a clownfish in "The Rainbow Fish". I ate curry bee hoon, it was so nice! I was one of the winners for the prize presentation. It was a wonderful day!





Communicating feelings, ideas and point of view. This allows students to reflect on the opinions and attitudes of other people.

I had been waiting for the Year End Party for a long time. For me, the skit was the best of all as the cast acted out their roles nicely. It was special because the cast sewed their own sea creatures from their own old clothes! They were very creatively done. I had a delicious dinner while enjoying some video clips. I was quite sad when it was over, but overall it was beautiful as it was last year. All I can say is "It was fantastic!" and I really enjoyed myself.

- Sivathaashini



Outing to NEX Mall

6th December 2017



After lunch, my group went to the water play area on the top floor. I had lots of fun. It was sooo fun! After water play, I went to the library to search for books that I wanted to borrow. I found it and it was one of the super edition books of the whole series!

- Lee Le Pin

On December 6th, we had an outing to NEX. First thing we did when we reached was to eat at Pastamania. I ordered the Cheesy Ham Spaghetti. When my dish came I added more cheese despite the fact that it already have cheese. When we were done eating, we went to the water park at the rooftop to have water fun!

- Tara Yap



"Bullying" Applied Drama Workshop

19th December 2017



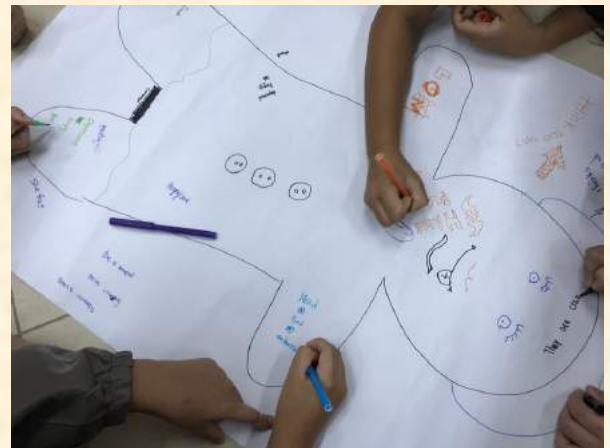
Students participated in an applied drama workshop ran by our interns from Singapore Polytechnic (Diploma in Applied Drama and Psychology). Through various forms of role-playing, the students learn about bullying, its impact and how they can overcome/ intervene it. They wrote a letter to the victim in the story, Jane, who got bullied.

Jane, I want you to be yourself and do not care what people say about you. Be yourself!

- Joey Yip

Dear Jane,
I'm on your side so call the cops and seek advice from your parents. Good luck overcoming this cyber-bullying case.

- Benedict Toh



Dear Jane,
Don't feel sad. If you do, they will just bully you more. Don't feel discouraged. I'm sure some are against the bullying. Don't be scared to tell a trusted adult. If you ever get bullied again, call the bully hotline:

1800-274-47-88.

- Vanessa Lee

MEET OUR TEAM



From left to right

Joey Chua (Intern from Finland), Mdm Chashma (Caregiver), Ms Evelyn Choo (Supervisor)
Mdm Cynthia Ong (Caregiver), Ms Brenda Lim (Caregiver), Lidya Kamila (Intern from SP)
Aloysius Choo (Intern from SP)

THANKYOU
for a wonderful year

As the year comes to an end, we would like to look back on and celebrate the many blessings we have had in 2017. With changes being made in hopes of bringing the centre to greater heights and to nurture our students better. We only have wonderful things to look forward to in 2018. With your continuous support and cooperation, may we work together to give our students the very best in Sheng Hong Student Care Centre.