

# Contact Us

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Unit #04-08 Singapore 059413

☎ 6538 9877 🖨 6538 9878

@ lifepoint@shenghong.org.sg

Nearest MRT 🚇 Chinatown, Exit E

Bus No. 🚌 2, 12, 33, 54, 143, 147, 190

175 MacPherson Road, Singapore 348537  
(Enter via Jalan Wangi)

☎ 6239 0936 📞 WhatsApp 9195 2006

@ lpsennett@shenghong.org.sg

Nearest MRT 🚇 Potong Pasir  
(10 minutes walk)

Bus No. 🚌 8, 61, 64, 65, 66, 90, 151, 154

## Opening Hours 🕒

Monday to Friday: 9am – 1pm, 2pm – 6pm

2nd & 4th Sat of each month: 9am – 1pm  
(Chinatown only)

Sunday and Public Holidays: Closed



Website 🌐 shenghong.org.sg/life-point

Facebook 📺 lifepointshenghong

1 By **Cash**  
make a trip to our office at Chinatown  
Point, #04-08

2 By **Cheque**  
make cheque payable to: “**SOCIETY OF  
SHENG HONG WELFARE SVCS**”

- Please indicate name and contact number at the reverse side of the cheque,
- Please also indicate your NRIC number/ FIN/UEN if you need tax deduction

3 **Internet Banking/ ATM Machine**  
• DBS (current account): **0239035680**  
• Payee Name: **SOCIETY OF SHENG  
HONG WELFARE SVCS**

4 **PayNow**  
• Please take **screen shot** of  
the “**transfer successful**”  
**page / bank slip**, then  
**WhatsApp** to **8171 9595**  
or email to **lifepoint@  
shenghong.org.sg**



*How  
to donate  
to  
Life Point?*

Society of Sheng  
Hong Welfare  
Services



# Forward Planning for the **Peace of Mind**



We lead different paths but we all end our journey in the same destination. We cannot decide how our lives begin but we can make plans how we live our lives, including our twilight years. Life is precious. We should live it to the fullest.

**Life Point** advocates empowering seniors in making informed decisions for matters related to their last phase of life, so that their wishes would be respected and their dignity preserved. By expressing clearly their wishes with proper planning, it will also ease the minds of their caregivers.

Society of Sheng Hong  
Welfare Services



# We Provide

## Educational Talks

- Lasting Power of Attorney (LPA)
- Advance Care Planning (ACP)
- Advance Medical Directive (AMD)
- Will Making
- Funeral Planning
- Deputyship
- Coping with Grief and Loss

## One-Stop Services

- Application of LPA, AMD or Deputyship
- Facilitation of ACP conversation
- Linking up for professional services in making will, pre-planned funeral arrangement

## Group work & Workshops

- Through small group activities and sharing, we facilitate seniors to reflect on their personal meaning of life and death. It aims to stimulate seniors to start exploring how to make forward planning on end-of-life matters.

## Pro-bono Funeral Service

- Assist those with financial difficulties and no next-of-kin to have a dignified departure.

## Bereavement Support & Counselling

- For those who are facing imminent loss or have lost their loved ones

**To support seniors continue to live with rigour and meaning, Life Point organises many interesting and useful activities for the seniors, such as:**

- **Health related activities,**  
*e.g. health & pain management, diet & nutrition.*
- **Social gatherings & celebration,**  
*e.g. outings, birthday, festive celebration, etc.*
- **Interest-based group activities,**  
*e.g. Sudoku, art & craft, Reading Club, etc.*
- **Learning activities,**  
*e.g. Use of smart phone, auto-biography writing class, etc.*
- **Special Legacy Project,**  
*e.g. Book project to share childhood memories*

## Join

us as **Members** (aged 50 and above) to receive timely update on our activities and enjoy concession rate for use of our services!

## Join

us as **Volunteer**, there are ample opportunities for you to contribute. Call us for a chat to find out how you can help.

**If you are keen to support Life Point services and to help needy seniors who need our services, you can make a donation.**

